

Dear ISA,

My name is Jannette Åman, although I usually just go by Nette and I'm a fifth semester medical student. I'm 22 years old, half filipino and half finnish and despite the fact that I am terrible at it, I really enjoy playing squash. Now that all the vital information about me is out in the open, this is why I'd love to be a part of ISA and why I'm applying for the position of Human Resources Officer.

Riga Stradins University, while having its main priority be education, plays an essential role in the construction of a community and ISA is the vessel through which it it made. I think we've all heard the proverb "*it takes a village to raise a child*" and I think the same mindset can be transferred to what we do here. Medicine as well as other fields of healthcare are consistently ranked as some of the most stressful and challenging degrees to obtain, and in order to support the well-being of the students, I feel that ISA creates the village that raises the doctors, dentist, etc.

I'm specifically applying for the position of HR Officer, since I have experience working as an HR manager for a company in Finland, and feel as though I'd be able to do something somewhat familiar in new circumstances and different team. I've always felt as though one of the central roles in HR is to keep a calm and kind environment, where everyone feels safe and welcome. I also have a lot of interest and focus on mental health and comfort and see myself as an approachable and warm person. I'm confident in my ability to mediate, support, and encourage my peers, while also being dependable when administrative responsibilities need attention.

I would be thrilled to contribute my energy, ideas, and enthusiasm to the organization and help make ISA an even better village for all international students.

Best regards,

Nette Åman