

How to create a sports group under ISA?

- Goals: represent students interested in a particular sport and its relevant tournaments.
- Objective: Provide an environment for like-minded enthusiasts amongst RSU (Rīga Stradiņš University) students

How to start the Sports Group step by step:

1. Have a general idea of how training sessions and competitions are supposed to look like. For this, contact the [Sports and Integration Office](#) and get the [Sport Group Statues](#).
2. Inform yourself about training facilities, request their offers, or ask for exclusive offers for you.
3. Contact the ISA Sports and Integration Office to arrange a meeting with us.
 - a. Sports Group Statues need to be discussed.
4. Conduct a Google/ Microsoft Form on how many students are interested, what they are interested in/ what you can offer, etc. (depending on the Sport).
5. Present your ideas, findings, and possible issues to the Sports and Integration Office.
6. Present your final proposal to the ISA Board during a Board Meeting, to get approval of the sports group.
7. Once ISA has approved, it will be/ can be presented to the Council and a budget can be asked.
 - What you should have:
 - Social media promotion media (e.g., Facebook group, WhatsApp group, Instagram pages, etc.)
 - A logo for the sports group
 - A training facility/ place
 - At least a board member, the President, and as per wish of the group, other positions can be elected (e.g., Treasurer).